



*Saint Mark's Church*  
*Sunday School*

**The Heroes of Martyrdom –St. Mena(24 Nov.)**  
**9/SA/3**  
*(the miracle performer)*

**1. General Aims of the unit**

To have an insight in the life of Saints to imitate their path , courage to witness Christ and virtues as they imitate Christ and followed Him

**2. Special aims of the lesson**

1. To explore the meaning of witnessing the Lord Jesus Christ before the emperors and accepting suffering and persecution for the sake of the Lord.
2. To have an insight about the eras of persecution in the Coptic Church
3. To study in details the life of St. Mena.
4. To Highlight the sacrifices he did for the sake of the Lord Jesus Christ , and how the Lord rewarded him.
5. To touch about the relation between H. H. Pope Kerellos VI and St. Mena as a model to our relation with the Saints.

**3.Outcomes:**

**By the end of this lesson the teens are able to:**

1. Debate the idea of sacrificing for the sake of the Lord Jesus Christ and to what extent we may accept suffering ; and what is the concept of martyrdom in our daily life.
2. Tell the story of St. Mena , and concentrate on the pivotal points and events in his life as his decision to leave his post and go to the desert , accepting martyrdom , .....
3. Describe how the Lord honoured St. Mena after his martyrdom and till now.
4. Built up a relation with any of the saints(St. Mena for example) and ask his intercession to built up his/her spiritual life

**4.Verses :** Rev.12:11 ; Heb.12:1-3 ; Luke 12:8-9

**5.References :** 1. Attached notes

2. SUS program – Yr. 10- Nov.-Lesson 4
3. Coptic encyclopaedia