



*Saint Mark's Church
Sunday School*

Smoking, Marijuana and shisha, are they really that bad?

Code: 9SO2

1. General Aims of the unit

To look at the dangers associated with smoking cigarettes, smoking marijuana and shisha and understand how they can damage our spiritual and physical health.

2. Special aims of the lesson

1. To understand why Christianity says that using such products is wrong.
2. To understand how smoking etc will affect our spiritual lives.
3. To understand how smoking etc will damage our physical bodies and minds.
4. To understand that only short term use of some products can affect you for the rest of your life.

3. Outcomes:

By the end of this lesson the teens are able to:

1. Recite Bible verses that verify that our bodies are temples of the Holy Spirit and that we do not have the right to destroy it.
2. To be thankful for our health and grateful that we are better off than many others.
3. Understand that addiction to earthly things keeps us away from growing spiritually.
4. Understand the dangers of using tobacco and marijuana on our bodies.

4. Verses :

“Do you not know that you are the temple of God and that the Spirit of God dwells in you?” 1Cor 3:16

“Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?” 1Cor 6:19

“Therefore if the son makes you free you shall be free indeed” John 8:36

5. References :