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*Saint Mark's Church
Sunday School*

Loneliness in a very busy world Code: 10/SO/4

1. General Aims of the unit

To deal with contemporary problems and the way to overcome

2. Special aims of the lesson

1. To explore the meaning of loneliness , its types and causes
2. To highlight some solutions to deal with the problem of loneliness
3. To stress the fact that Jesus Christ” is the only friend who will be with us all our lives even when everyone leave us. He is the remedy for our loneliness.
4. To stress the value of church brethren to the teens

3. Outcomes:

By the end of this lessons the teens are able to:

1. Debate the symptoms of loneliness and differentiate between the different types of it.
2. Write a recipe how to get rid of their loneliness (personal)
3. Sign a statement that their loneliness can be overcome by Jesus Christ the Saviour and among the brethren in the church.

4. Verses : Ps. 23:1 ; Is. 63:9 ; Ps. 50:15

5. References :

See attached notes which extracted from internet files

Note: This lesson needs a qualified servant in this area and many scenarios to explore the real feelings of loneliness.