Saint Mark's Church Sunday School

# Holiness and Cotemporary issues : the BODY Code: 10/SO/1

## 1. General Aims of the unit

To show the value of the body as a gift from God to us

### 2. Special aims of the lesson

1. To follow up the creation of the body, the penalty it carries as a result of the fall of Adam, its crucifixion and resurrection with Christ, and becoming new and temple of the Holy Spirit through baptism and Charisma

2. To highlight that our bodies are sanctified and become holy because our acceptance of the Body of Christ in our bodies and living according to the commandments of the bible

3. To highlight sins that tarnish the purity of my body "lusts of flesh" and how to overcome them

#### 3. Outcomes:

By the end of this lessons the teens are able to:

- 1. Debate the differences between the new body in Christ and the old body of baptism
- 2. Issue a statement about why his/her body is clean and pure
- 3. Deal with types of sins that defile my body and how to overcome them through different scenarios discussed in the class or given as homework

#### 4. Verses :

Gal. 6:17; Gal.5:19, 24, 1Pe. 2:11, Rom. 6:3-7; 1Cor. 6:15, 19-20

5. References :