

## **Jesus the giver of the Living Water**

### **Introduction ...**

#### **Importance of water (or fluids) for us**

The % of water in a human body is 60% ...

So in someone who weighs 60 KG there is approximately 36 L of water.

If you weigh more, you have more!!

If you lose 5% of body water (1.8L) you would start to feel dry, tired and very thirsty.

If you lose 10% of body water (3.6L) you would need a fluid drip in a hospital, as you would be too sick !

If you lose 15 to 20% of body water, this would be Fatal, your body organs would start shutting down!!!

So we always need water.

Or you can show a soft drink add that promotes the idea that it quenches your thirst (You will find plenty on utube, some links to coke adds are attached below.)

**<http://www.youtube.com/watch?v=tcXQimc6Fiw&feature=related>**

**<http://www.youtube.com/watch?v=lgayORZ0CTY&feature=related>**

Explain that it can only temporarily quench your thirst, and then you will be thirsty again and again .... It is NOT living water

Most of the people in our land know Coke and Pepsi, but how many know of the living water from Jesus Christ?

We've accepted all kinds of substitutes for water – and have paid a high price for them. But they don't bring health or quench our thirst.

But there is a special water that can quench your real thirst ... (your physical & spiritual needs).

### **Jesus the source of the living water ....**

**Refer to the 2 incidents in St. John's gospel when Jesus talks about the water**

- **Jesus & the Samaritan Woman (John 4)**

John 4:10 – “Jesus answered and said to her, “If you knew the gift of God, and who it is who says to you, ‘Give Me a drink,’ you would have asked Him, and He would have given you living water.”

Living water" is water that is pure, clean and life-giving in a physical sense.

So Jesus was telling the woman at the well that SHE should have been asking HIM for living water. Of course, He meant in a spiritual sense.

John 4:13-14 “Jesus answered and said to her, “Whoever drinks of this water will thirst again,<sup>14</sup> but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life.”

Jesus’ reply shows that the living water he was referring to was of a different sort than the woman was used to. The water from Jacob’s well only quenched one’s thirst for a while, then one had to drink again.

The REAL thing is the living water that Jesus brings, quenches the thirst, and satisfies the soul seeking God. And once you take a big, long drink, well nothing else is quite the same anymore. It is living, active, purifying, health giving and truly satisfying. And it doesn’t cost a cent! It’s free ...

The Samaritan woman was one of those really sick people that had no idea how sick she was. She didn’t even felt the need for the Living Water. She probably knew nothing about the Living Water. She needed a drip!!

This drip was her meeting **Jesus**

So if you are fearful, weak, alone or sad, come and drink from this well of salvation, this living water from Jesus. Take a long, deep drink from HIM!

So as you yield yourself to the work of the Holy Spirit, and continue to drink the living water, you will be continually filled.

- **Jesus at the feast of the Tabernacle (John 7)**

The feasts of the tabernacle is an eight day autumn harvest festival commemorating the time when Israel wandered in the wilderness of Sinai and the people lived in tents. This is one of 3 most important festivals of the ancient Jews. it included numerous sacrifices and celebrations. In later times the final day of this feast also included drawing water from the pool of Siloam to be mixed with wine and poured at the foot of the altar, both as a purification and in remembrance of the water flowing from the rock that Moses struck (Ex. 17:1-7)

On the last day the great day of the feast was the eighth day of the feast of Tabernacle, the ceremony of drawing the water provided the context for the Lord’s words “If anyone thirsts let him come to Me and drink”. “He who believes in Me, as the scripture has said, out of his heart will flow rivers of living water .But this He spoke concerning the **Spirit**, whom those believing in Him would receive; for the Holy Spirit was not yet *given*, because Jesus was not yet glorified.” ” (John 7:37-39)

Again Jesus cries out that He is the living water... The same God who provided thirst quenching streams of living water in that desert way back then, sent Jesus to provide living water for all men for all time. As the Jews were meditating on God's faithfulness in the past, Jesus is proclaiming God's present and future provision.

I Corinthians 10:3-4 "all ate the same spiritual food, <sup>4</sup> and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ.

Jesus is the Rock of our salvation, and the source of living water!

John also clearly points us toward the Holy Spirit that came at Pentecost, the Holy Spirit that verified that Jesus had conquered all his enemies, the Spirit of God that he has given to us when we were born again through baptism and confirmation. The Holy Spirit is our endless supply of the thirst satisfying presence of God in our lives

So the living water is actually the Holy Spirit taking up residence within you .... nourishing your spirit as you allow Him to work within you .

### **The Holy Spirit and the Church**

"And I will pray the Father, and He will give you another Helper, that He may abide with you forever" (John 14:16)

"Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you." (John 16:7)

The Holy Spirit could not come upon the Church unless Jesus Christ was crucified, risen and ascended to heaven... . John 14:16-17 , 16:7-15

It was He who was going to abide with us forever ..He was going to teach us ...and guide us in our everyday lives ..and convict us when we sin ..and drift away ...

The church received the Holy Spirit at Pentecost....

I received the Holy Spirit through my baptism & confirmation

### **The Holy Spirit (Living Water) and me ...**

Babies born having enough water in their body. The challenge for them is to maintain their body water.

Us too, being born for the second birth in Baptism, this charges us with a good dose of Living Water or The Holy Spirit

But As we go along in life, we loose some of our spiritual hydration! Some people loose a lot!

Everyday, our sins, society, friends, media, internet etc. Evaporate our spiritual water. We dry up spiritually gradually, and continually we need the Living Water. Initially we feel spiritual thirst, but if we ignore this feeling, we can get too sick to drink!!

If we ignore the Living water in our lives we can spiritually die!

As people with severe dehydration can get very sick and lose their ability to drink, so can we, we can drown in our sins and lusts and lose our ability to ask or seek for the Living water.

So we need to continually drink of that living water through communion and allowing the Holy Spirit to work within us .

“the Spring of Living Water is sufficient to quench our spiritual thirst and keep us clean. “

So we need to nurture, feed, and nourish the spirit as we do our minds and bodies, as it helps us *to want to stay free of sin*

As the living water nourishes us and satisfies our thirst, our craving for sinful things diminishes!

Meeting with Jesus daily, having Him in my life fills me with peace, content and joy. It is the fullness of the Holy Spirit.

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.” (Galatians 5:22)

“He who believes in Me, as the scripture has said, out of his heart will flow rivers of living water ...” (John 7:38)

Jesus said streams (rivers) of living water will flow from within him. So Jesus is not only saying to the thirsty ones that He alone can satisfy, or that the Spirit satisfies, he is also saying that through the work of the Holy Spirit within us we can be a source of life to the rest of the world.

When I am full of the Holy Spirit I overflow into people around me. People I deal with will smell Jesus’ aroma in me, will be touched and start filling up with the Spirit. If I am full of the Spirit , I will not only be full of the fruits, but I also will be able to fill those around me too. I will be a cause of blessing and comfort to everyone.

[Revelation 22:17 The Spirit and the bride say, "Come!" And let him who hears say, "Come!" And let him who thirsts come. Whoever desires, let him take the water of life freely.](#)

So if you feel weary and thirsty come to Jesus and begin to drink of that living water that satisfies like nothing else. The Spiritual Spring of Living Water never runs dry!