

Experiential Learning: Saints Maximos and Domadios – The Virtues of a Saint

Sunday 14th August 2010

Time/context: 10 minute activity at the beginning of Year 3 (year 4 will be having a Bible Competition and will not have any lessons or activities).

Biblical References:

For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge (2 Peter 1:5).

Overview

This activity calls for the children to think of the virtues of a Saint and to find opportunities from their every day lives that allow them to demonstrate these virtues.

Activity

Arrange the chairs in a circle and ask children to silently think of a saint, perhaps their favourite saint who they pray to. Ask the children to silently think about these questions:

- ❖ What are the characteristics of that saint – what are they like?
- ❖ Why are they so special?
- ❖ What virtues can we learn from them?

Ask the children to each name the Saint they chose and one Christian virtue that the Saint teaches us.

Choose some of the virtues that the class named and ask them to suggest everyday situation that would test us in this virtue, eg. praying for someone who says something mean to us at school tests our virtues of peace and the ability to love those who harm us.

Conclusion / Life Application

When certain virtues are difficult for us to obtain, we can remember the Saints who perfected these virtues and try to behave like them. For example, Saints Maximos and Domadios taught us to be humble and not to be attracted by the glory of worldly things.