

# Experiential Learning

## Fruits of the Spirit

*Time/context:* 10 minute game at the end of the lesson on the Fruits of the Spirit for Years 3 and 4

*Aim:* A consolidating activity to reinforce the fruits of the Spirit

### *Biblical Text*

Galatians 5:22,23

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.

### *Materials Required:*

A set of cards with each of the fruits of the Spirit printed on a separate card. That is, love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.

### *Outdoor Activity – Fruit Salad*

#### *How to Play*

- ✦ Children are divided into two equal teams as they need a partner to race against in the opposing team.
- ✦ Children in each team are given corresponding names of a fruit (9 fruits). That is, there needs to be one apple on each team, one pear on each team etc.

Some fruit names to use could be :

Banana	Lemon	Apple	Pear	cherry
Peach	Plum	Blackberry	Orange	grapes

- ✦ You may need to specify rules of the game to maintain safety and fair play e.g. no touching other players, sit down with legs crossed if it is not their turn.
- ✦ The teacher calls out the name of a fruit and the children on each team with that fruit name have to run around their team and return to their original position.
- ✦ The first child to get back to their team gets a card with one fruit of the Spirit and they have to give an example of that fruit e.g. love.
- ✦ The player on the opposing team has to give an example of the opposite e.g. hate.

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*Conclusion / Life Application*

Can any of the students remember all of the fruits of the Spirit?

Which one will you practice this week?

Can you find a bible verse to help you with the virtue?

## Game Cards

love	peace	self-control
kindness	goodness	gentleness
joy	Self control	longsuffering
		faithfulness

love	Peace
kindness	goodness
joy	Self control
	self-control

*gentleness*

*longsuffering*

*faithfulness*