



The Prayer Room

Code: 8/SP/6

1. General Aims of the unit

To taste the sweetness and beauty of the life with Christ through one of the major pillars delivered to us and practiced by our Lord Jesus Christ .

2. Special aims of the lesson

1. To highlight our relation with our God as two way phone , send messages in our prayers and receive responses through the Bible
2. To Stress the importance of prayer for the spiritual life . No successful spiritual life without life of prayer . Touch on the encouragements of prayers and obstacles that hinder us and emphasize the great gifts we attain through prayers.
3. To highlight the value of a of specific times (routine of prayer) and the specific place(the prayer room) to practice our relation with our God.
4. To illustrate some ideas about “ my prayer room” and what it include “bible , agbia , icons , cross , dim light ,.....” and the importance of each of these items. [mention other ideas to replace the prayer room if it could not be available]

3.Outcomes

By the end of this lesson the teens are able to:

1. Decide to abide by a spiritual law of prayers (Psalms prayers at a certain times of day and a certain place)
2. Debate the value of continuity of prayers to their spiritual wellbeing .
3. Design a virtual room of prayers and define some items that help to concentrate more on prayers

4.Verses:

Matt. 6:7 , Luke 8:1; James 5:16-18

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1. Paradise of the spirit
 2. SUS program
 3. The Philokalia

HG Late Bishop Yoanis
Yr.8- Lent –lesson 1

