

1. Pascha is the Hebrew word which means Passover. Pascha is used because it describes what Christ did for us. Just as the blood of the sacrificed lamb kept the angel of death away from the Hebrews (Ex. 12: 3-49) so it is Christ's sacrifice as the New Passover Lamb (1 Cor. 5:7) and His blood allows us to "pass from death to life." (John 5: 24)

2. We fast 55 days in Lent, it starts with a pre-Lent preparatory fast of one week, followed by a forty day fast commemorating Christ's fasting on the mountain, followed by holy Week

3. When Jesus fasted for 40 Days & Nights he was tempted 3 times and had 3 responses we should remember –
 - a. Turn Stone to Bread – “Man shall not live by bread alone”
 - b. Jump down from the pinnacle of the temple – “You shall not tempt the Lord your God”
 - c. Worship the devil for the kingdoms of the world – “You shall worship the Lord your God, and Him only you shall serve”

4. Jesus was Tried 7 times before being sentenced to death
 - a. Before Annas (father-in-law to Caiaphas)
 - b. Before Caiaphas
 - c. Before The Sanhedrin
 - d. Before Pilate #1
 - e. Before Herod
 - f. Before Pilate #2
 - g. The People Reject Messiah and Pass Judgement

5. The 7 Sunday readings of Lent are:
 - a. Focus on the Heavenly Not the earthly
 - b. Temptation on the Mount
 - c. Prodigal Son
 - d. Samaritan Woman
 - e. Man at the pool of Bethsada