

# A Sabbath Healing

**Bible Reading: Matt. 12:1-14**

**Aim:** To understand that it is always the right time to help those in need.

**Objectives:**

- Recognize that God set aside a day to worship Him.
- Compare and contrast the actions of Jesus and the Pharisees.
- Learn that we can rest in God when we give Him our troubles

**Memory Verse**

**Let us not love with words or tongue but with actions.  
1John 3:18**

**Note: The Key words that needs to be explained are in red bold.**

**Example:**

What is a Sabbath day? (The day the Jews rested and worshipped God)

**Introduction:**

Have you ever had a broken arm or wrist? How do you feel when you are able to use your hand/arm for a while? Today we will learn how Jesus helped a man who could not use one hand.

Before we learn about this we are going to see how Jesus and His disciples started their day out!!

Jesus and his friends went through the wheat fields on **the Sabbath**, and His disciples became hungry and began to pick the heads of grain and eat.

When the Pharisees saw this, they said to Him, "Look, Your disciples do what is not **lawful** to do on a Sabbath."

But Jesus reminded them about stories happened in the Old testament. He said to them, "Have you not read what David did when he became hungry, he and his friends, how he entered the house of God, and they ate the **consecrated bread**, which was not lawful for him to eat nor for those with him, but for the priests alone?"

I want you to know that The Lord is the Lord of the Sabbath too!

**Lesson: Show YouTube Movie**

<http://www.youtube.com/watch?v=KJS52KgcACM>

Don't forget to save the Movie in your USB!!

## The story in the Holy Bible

### Matthew 12

#### Jesus Is Lord of the Sabbath

<sup>1</sup> At that time Jesus went through the grainfields on the Sabbath. And His disciples were hungry, and began to pluck heads of grain and to eat. <sup>2</sup> And when the Pharisees saw *it*, they said to Him, "Look, Your disciples are doing what is not lawful to do on the Sabbath!"

<sup>3</sup> But He said to them, "Have you not read what David did when he was hungry, he and those who were with him: <sup>4</sup> how he entered the house of God and ate the showbread which was not lawful for him to eat, nor for those who were with him, but only for the priests? <sup>5</sup> Or have you not read in the law that on the Sabbath the priests in the temple profane the Sabbath, and are blameless? <sup>6</sup> Yet I say to you that in this place there is *One* greater than the temple. <sup>7</sup> But if you had known what *this* means, '*I desire mercy and not sacrifice,*<sup>[a]</sup> you would not have condemned the guiltless. <sup>8</sup> For the Son of Man is Lord even<sup>[b]</sup> of the Sabbath."

#### Healing on the Sabbath

<sup>9</sup> Now when He had departed from there, He went into their synagogue. <sup>10</sup> And behold, there was a man who had a withered hand. And they asked Him, saying, "Is it lawful to heal on the Sabbath?"—that they might accuse Him.

<sup>11</sup> Then He said to them, "What man is there among you who has one sheep, and if it falls into a pit on the Sabbath, will not lay hold of it and lift *it* out? <sup>12</sup> Of how much more value then is a man than a sheep? Therefore it is lawful to do good on the Sabbath." <sup>13</sup> Then He said to the man, "Stretch out your hand." And he stretched *it* out, and it was restored as whole as the other. <sup>14</sup> Then the Pharisees went out and plotted against Him, how they might destroy Him.

## Conclusion & Application

Now because Jesus is risen on a Sunday. We have a rest on a Sunday.

Thank God that He gives us rest from our problems when we trust in Him that is why we come to Him to Pray.

When we pray to Him we believe that He is the Lord and Master of our lives.

**Question: Do you believe that Jesus has power over problems in our lives?**

Jesus is ready to do miracles in our lives. But we have to come to Him and ask Him for help.

**Can you think of a situation where we need God's help?** (Examples: school, along with brothers/sisters, knowing how to handle bullies, being afraid.)

When we let something worry us, it becomes a **burden**. A burden is something that we Jesus promises that He can help us with our burdens. He says to give *Him* our problems, concerns, worries and fears. In 1 Peter 5:7, it says to give all our worries and cares to God, for He cares about what happens to you. Let's trust God to help us and give us rest.

### The Hands Activity

**We could not finish up this activity when we had it before.**

**It is also suitable for the lesson**



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- Draw a big heart on a red card board and cut around it.
- Then pencil the wings in a white card board. Make the wings out of the children hands drawings on white paper. Stick them together till you have the shape of the wings.
- Print the words I & Jesus, then put all together as the above

## For servants

- The word healing has a double meaning. In the Greek the word is "sozo". This word is interchangeable in the translations. It can either mean "save", or "heal". In the original Gospels they could have used several other words for healing, but they chose "sozo". Jesus' Sabbath healing miracles were also Sabbath saving miracles.
- These miracles were designed to heal and save a troubled people. The people had come closer to their Creator, to be saved from the world of sin.
- We need to ask ourselves the question: Has this day contributed to the spiritual life with Jesus that brings healing and saving? If you can answer: yes, then the Sabbath healing miracles of Jesus have happened all over again--in YOUR LIFE!!
- Everyday, Jesus is saying, "Stretch out your hands to Me on this beautiful day and I'll bring healing to your soul. I will bring now life, recreation to your heart. Let's stretch our hands to Jesus on this day and every other day.



**Learn & Copy the verse:**

**Let us not love with words or tongue  
but with actions.**

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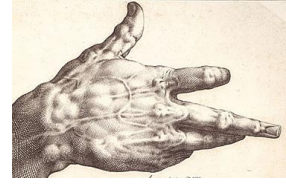
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# Years 1&2 Bible Study **A Sabbath Healing**

Name: \_\_\_\_\_

Bible Reading: Matt. 12:1-14



**Underline the right answer:**

What should we do?

- A. *Talk about loving others***
- B. *We should also DO things that show people we love them.***
- C. *Both of the above***

2 The Pharisees are:

- A. *Farmers***
- B. *Disciples***
- C. *The religious leaders during Jesus' time.***

3 What day is the Sabbath?

- A. *(Saturday)***
- B. *(Sunday)***
- C. *(Thursday)***

4 Now in the synagogue was a \_\_\_\_\_ whose hand was:

- A. *with no fingers***
- B. *crippled***
- C. *All the above***

← ***True or False***

**1.** The Pharisees knew Jesus would want to help this man, but their rules said it is wrong to heal people on the Sabbath. **(True/False)**

**False)**

**2.** Jesus did not know what they were thinking. **(True/False)**

**3.** Jesus helped the people to understand that showing love to a person was more important than following the Pharisees' rules.

**(True/False)**

**4.** This made the Pharisees happy. **(True/False)**

**5.** The people that followed Jesus and listened to Him learned what God wanted them to do. **(True/False)**