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*Saint Mark's Church
Sunday School*

The Heroes of Ascetism: St. Rewis(St. Freig) Code: 11/SA/4

1. General Aims of the unit

To have an insight in the life of Saints to imitate their path , have the courage to witness Christ and imitate their virtues.

2. Special aims of the lesson

1. To overview the time of St. Rewis (departed 18/10/1404), the Pope at that time and the Egyptian ruler
2. To study in details the life of St. Anba Rewis , his poor background , his spiritual life , his ascetic life , his virtues , the style of his service , his spiritual gifts , , his persecution.
3. To Highlight some of his miracles either from the past or contemporary . The land now identified now as “the land of Anba Rewis” where St. Mark Cathedral , the Papal residence and the Theological college are build.

3.Outcomes:

By the end of this lesson the teens are able to:

1. Tell in brief the main points of the life of Anba Rewis,
2. Debate the factors that lead to this simple person “Freig” to be the light in his time regardless that he had no official rank in the hierarchy of the church.
3. Debate the virtues of Anba Rewis and how they affect the whole church .
4. Debate what of the virtues of the lay person “Anba Rewis” suit me in this century.
5. Identify how the Church and our Lord Jesus Christ honour His servant “Anba Rewis”

4.Verses : 2 Cor. 6:9-10 ; Heb. 11:38-39 ; Matt. 5:14-16

- 5.References :**
1. The story of the Coptic Church
 2. St. Rewis
 3. St. Freig known as Anba Rewis
 4. Previous prepared lesson

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