

The Fruit of the Holy Spirit

Saint Mark Sunday School - Yr 11 & 12 (June 2011)

#### **Lesson Content**

- Establish Foundation for Holy Spirit in Pentecost
- Events of Pentecost Acts2
- Fruits of the Holy Spirit
- Developing the Fruits of the Spirit in our Lives

At the beginning of Jesus' public ministry, what did John the Baptist say that Jesus would do (Matt. 3:11)?

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"He will baptize you with the Holy Spirit and with fire."

While teaching His disciples in the Upper Room, what did Jesus tell His disciples He would do for them (John 16:7)?

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He promised to send them the Holy Spirit!

On Resurrection evening, the very day our Lord was raised from the dead, what did Jesus do for His disciples (John 20:19-22)?

On Resurrection evening, the very day our Lord was raised from the dead, what did Jesus do for His disciples (John 20:19-22)?

He gave them the Holy Spirit!

Forty days later, just prior to His ascension, Jesus told His disciples to do something. What did He tell them to do (Luke 24:46-49)?

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To wait for the promise of the Father that would clothe them in power.

Notice that the disciples already had received the Holy Spirit (in John 20), and were then told to wait for something else (in Luke 24). That "something else" was the Baptism in the Holy Spirit.

Luke 24 goes right into Acts 1. In Acts 1:4,5,8, what does Jesus tell His disciples to do? Why?

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He tells them to wait for the promise of the Father, the Baptism of the Holy Spirit. The reason they needed to wait is that they needed to be clothed in power.

What Jesus said in Acts 1 actually happened in Acts 2:1-4. Describe what took place.

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The Holy Spirit Baptism was indeed a baptism in fire and power, evidenced by speaking in other tongues.

Note: John the Baptist predicted it (Matt. 3), Jesus promised it (Luke 24 and Acts 1), and the believers received it ... the Baptism of the Holy Spirit (Acts 2). The Book of Acts unfolds the story of a church full of the Holy Spirit who ministered in the power of the Spirit. They were a church indwelt, filled, and baptized with the Holy Spirit ... a vigorous and vibrant church.

## The Events of Acts 2!

#### A. IT WAS THE DAY OF PENTECOST - Ac 2:1

- 1. An annual Jewish feast, celebrated 50 days after the presentation of the firstfruits
- 2. One in which Jews would travel great distances to attend Ac 2:5

#### B. THE SPIRIT FELL ON THE APOSTLES - Ac 2:2-13

- 1. As promised by John and Jesus Ac 1:4-5; cf. Lk 24:49
- 2. Accompanied by audible and visual signs... a. A sound as of a mighty rushing wind Ac 2:2 b. Divided tongues as of fire sitting upon each of them Ac 2:3
- 3. Enabling the apostles to speak in foreign languages Ac 2: 4-11
  - a. Every man heard them speak in his own language Ac 2:6,11
  - b. That those who spoke were "Galileans" (Ac 2:7), suggesting the apostles
    - 1) For the apostles were from Galilee
    - 2) Whereas the 120 disciples were from all over Palestine
- 4. The reaction of the crowd was mixed Ac 2:12-13
  - a. Some were amazed and perplexed
  - b. Others mocked, accusing the apostles of being drunk

#### C. PETER EXPLAINED WHAT HAPPENED - Ac 2:14-21

- 1. It was too early for them to be drunk Ac 2:14-15
- 2. Rather, it was a fulfillment of Joel's prophecy Ac 2:16-21
  - a. Found in **Joel 2:28-32**
  - b. In which God promised to pour out of His Spirit on all flesh

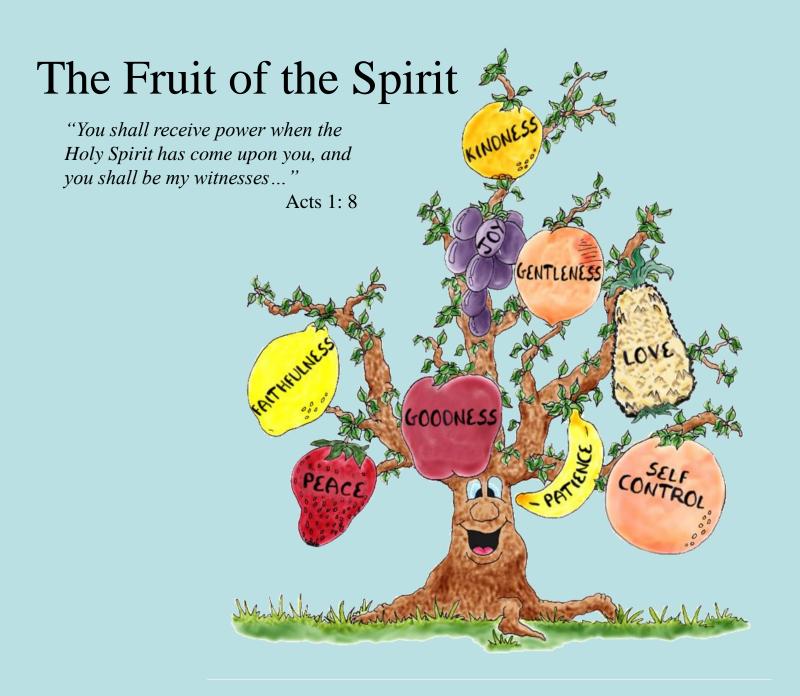
"Being disciples of Christ isn't just a matter of what we do it's a matter of who we are. And the key to that is the fullness of the Holy Spirit in each of our lives..."

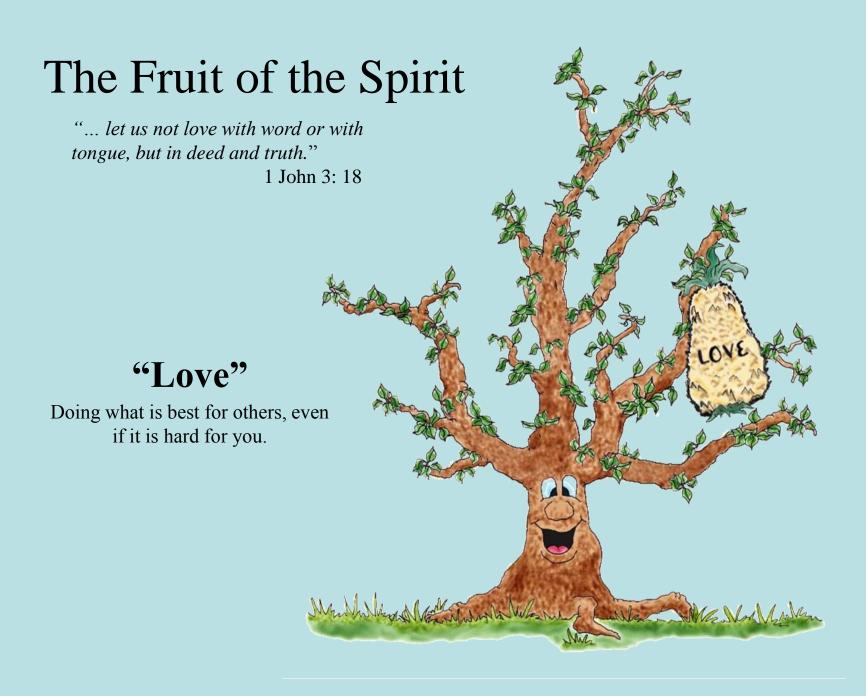
When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these.

Galatians 5:19-21 (NLT)

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves... But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and selfcontrol. There is no law against these things!

Galatians 5:16,22-23 (NLT)





## The Fruit of the Spirit - Love

"A new commandment I give to you, that you love one another; as I have loved you ... 35 "By this all will know that you are My disciples, if you have love for one another."." John 13: 34-35

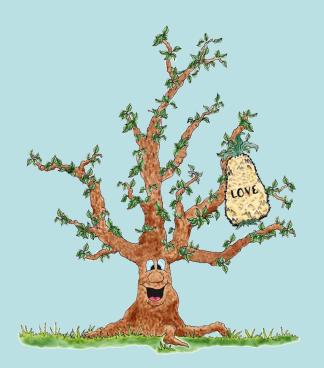
"... let us not love with word or with tongue, but in deed and truth."

1 John 3: 18



To show the fruit of "Love" to others.

- 1. Let my brother or sister use something of mine, but I've always said, "No!"
- 2. Give up my free time to help somebody.
- 3. Give away some favorite thing in my lunch because somebody else asks for it.
- 4. Talk with a lonely or sad person on the playground who is all alone.
- 5. Do a chore at home that nobody asked me to do.



The Fruit of the Spirit

"We must obey God, rather than men."

Acts 5: 29

#### "Faithfulness"

Loyalty and trustworthiness to God, His will, and to others.

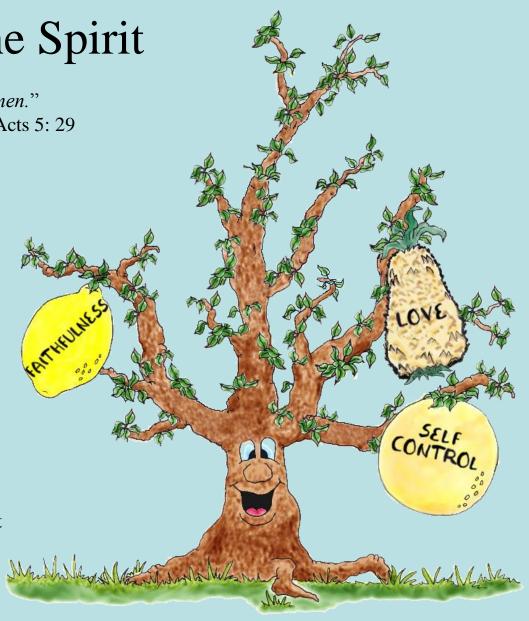
Doing what you've promised, or what you've been asked to do.

And

#### "Self-control"

Being able to stop yourself from doing wrong things.

Doing what you should, not what you could

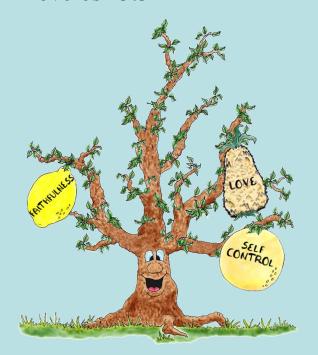


## The Fruit of the Spirit – faithfulness & Self-Control

**Faithfulness:** "Instead, you ought to say, "If it is the Lord's will, we will live and do this or that."

James 4: 15

**Self-control**: "He who guards his lips, guards his life, but he who speaks rashly will come to ruin." Proverbs 13:3



#### = Action Plan Options

To show the fruit of "Faithfulness" and "Self-control"

- 1. Be faithful and do my chores without complaining.
- 2. Be faithful and keep your word & Commitments. Can God depend on you?
- 3. Be faithful in your service and tell others about God without being rude.
- 4. Control myself and work before I play.
- 5. Control my temper and not be mean.
- 6. Control myself to pray and to fast

The Fruit of the Spirit

"Your word is a lamp to my feet, and a light to my path."

Psalm 119: 105

#### "Gentleness"

Willingness to bow, kneel, and submit to God. Bing meek & humble toward God and man.

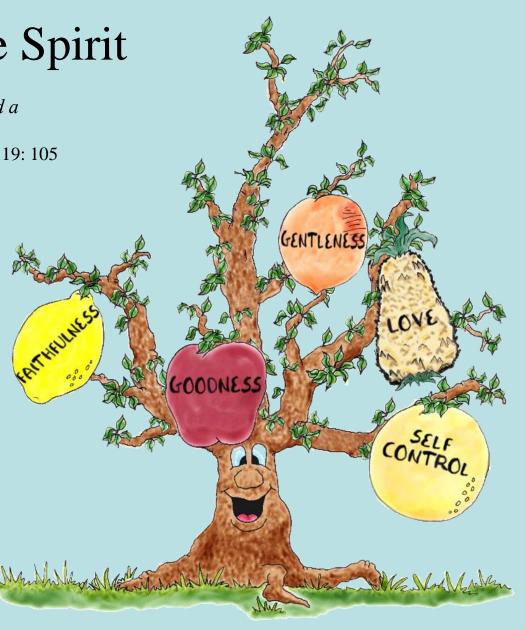
To be careful, talk softly, and to be sensitive to others' feelings.

And

#### "Goodness"

Doing what is good, right, and what pleases God.

Doing everything you can to serve others



## The Fruit of the Spirit – Gentleness & Goodness

**Gentleness:** "Your word is a "Let your gentleness be evident to all." Philippians 4:5

**Goodness:** "Do not forget to do good and share with others."

Hebrews 13:16



#### — Action Plan Options

## To show the fruit of "Gentleness" and "Goodness"

- 1. To obey God by telling the truth, no matter of consequence
- 2. To obey God by not lying
- 3. To obey God by not cheating in school or in games, no matter what might happen to me.
- 4. To obey God by protecting somebody from being made fun of by others and respecting the opposite sex.
- 5. Are you putting others before yourself

The Fruit of the Spirit

"Do not be sad, for the joy of the Lord is your strength."

Nehemiah 8: 10

#### "Joy"

To be hopeful about something that is going to happen.

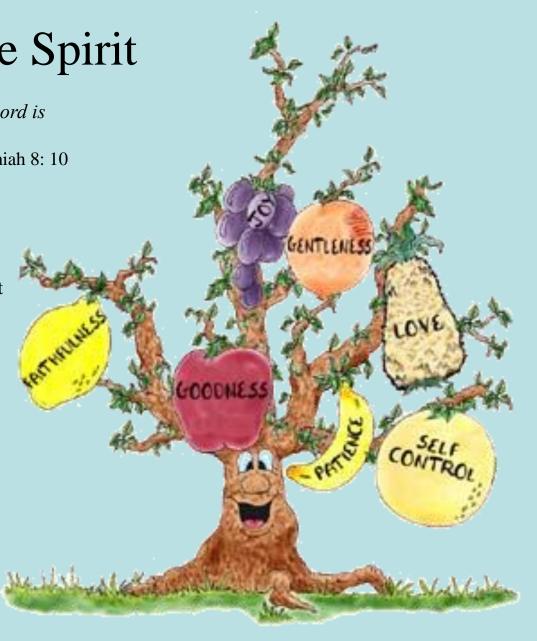
Give praise in all instances – good & bad.

And

#### "Patience"

Waiting when it's hard or you don't understand.

> Choosing to wait/endure without complaint



## The Fruit of the Spirit – Joy & Patience

**Joy:** "Give thanks in all circumstances, for this is God's will for you in Christ Jesus." I Thessalonians 5:18

**Patience:** "Be patient, bearing with one another in love." Ephesians 4:2



#### **Action Plan Options**

To show the fruit of "Joy" and "Patience"

- 1. To patiently help my brother or sister do something when I would rather not help.
- 2. To joyfully do my chores
- 3. How do I react to others, with patience or emotion?
- 4. To patiently wait for my parent to listen to me when I want to talk to him or her.
- 5. To thank the Lord for what I already have, instead of being mad about not getting more.
- 6. To patiently work on my homework, even when I want to give up.

The Fruit of the Spirit

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Ephesians 4: 32

#### "Peace"

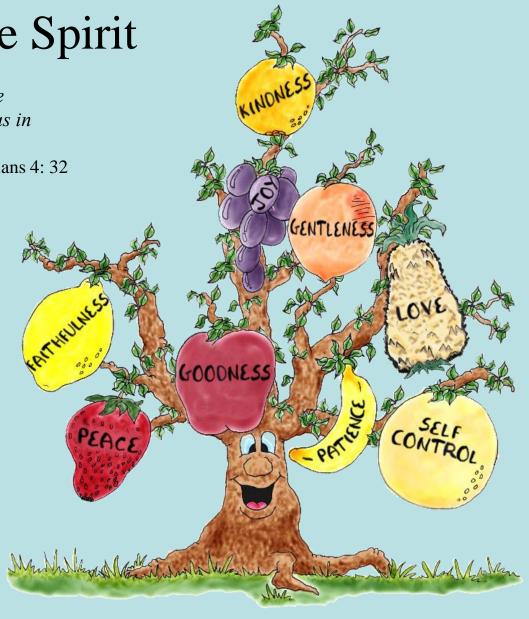
Trusting God to always take care of me, and not to worry.

Trusting that Gods presence even in tough situations

And

#### "Kindness"

Doing something nice for somebody.

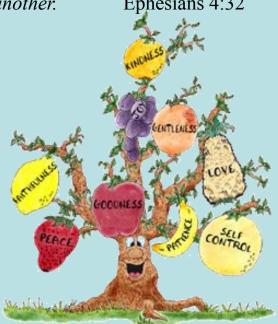


## The Fruit of the Spirit – Peace & Kindness

**Peace:** "God will meet all your needs according to His glorious riches in Christ Jesus."

Philippians 4:19

**Kindness:** "Be kind and compassionate towards one another." Ephesians 4:32



#### - Action Plan Options

## To show the fruit of "Peace" and "Kindness"

- 1. To say, "I'm sorry" right away if I don't feel peaceful about what I've done.
- 2. To encourage myself, and others, to trust God to take care of us all, and be at peace.
- 3. Is your relationship with God first in your life, or are you too busy to sit at His feet and enjoy His presence (Peace)?
- 4. To say kind words to my friends about something they do really well.
- 5. To be kind to someone in my family by doing something he or she needs without being asked.

## The Fruit of the Spirit – Summary

Not just emotions or feelings. It's a decision to commit for the well Agape: Love which seeks

Restrain one's emotions, actions and desires, and to be in harmony Egkratea: Being in control of

Selfless desire to open yourself and generous to others even they Agathosune: Useful,

Slowness in avenging wrongs. The quality which keeps the believer Makrothumia: Long

This is the state of assurance, lack of fear provided only by God. Also Eirene: Peace between

is the unity between believers. Freedom from worry and oppressive individuals, harmony, unity

The eagerness to put others at ease. A sweet and attractive Chrestotes: Merciful, easy

Not based on circumstances. Obtained by doing the will of God. Like Chara: Gladness, delight, a

the highest good of others.

Prautes: Humble, meek

special presence of God.

suffering, bearing fruits

to bear, morally good &

without complaint

one's self

generous

upright

**GREEK DEFINITION** NAME (Galatians 5:22-23)

being of others, unconditionally.

not being weak and passive.

don't deserve it.

thoughts

properly, the belief that Jesus died for our sins.

**GENTLENESS** Humble non threatening demeanor that derives from a position of

sharing the gospel, fellowship with others.

temperament that shows friendly regard.

Love

SELF-

CONTROL

**GOODNESS** 

JOY

**PATIENCE** 

PEACE

**KINDNESS** 

**FAITHFULNESS** Firm devotion to God, loyalty to friends, discharging responsibilities Pistis: Trust, conviction

with the will of God. Self control is God's will, not living for one's self.

strength and authority, and is useful in calming another's anger. This

from responding to negative situations out of hatred and anger etc.

## The Development of the Fruit of the Spirit in our lives is ...

- The Work of the Holy Spirit (Gal 5:22)
- What every person desires (Gal 5:22-23)
- The result not the cause of being a Christian (Eph 2:5,8-9), (Acts 15:11)
- Progressive (Philippians 1:6)



"The fruit of the Spirit is love, and it is manifested in joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control:

joy is love's strength, peace is love's security, patience is love's endurance, kindness is love's conduct, goodness is love's character, faithfulness is love's confidence, gentleness is love's humility, self-control is love's victory."



# How does the fruit you are bearing show others what Jesus is like?

"I was crucified with Christ and I no longer live, but Christ lives in me."

Galatians 2:20