



### St Mark Coptic Orthodox Church ,Arncliffe

The Service is funded by  
The Commonwealth Home  
Support Programme  
(CHSP) and auspices  
by St. Mark Coptic  
Orthodox Church

### CONTACT US

Phone no. 0481 849 182  
Email: [agedcare@stmark.com.au](mailto:agedcare@stmark.com.au)

[www.stmark.com.au](http://www.stmark.com.au)

### Address :

**72 Wollongong Rd,  
ARNCLIFFE NSW 2205**

Isaiah 46:4 And I will still  
be carrying you when  
you are old. Your hair will  
turn gray, and I will still  
carry you. I made you,  
and I will carry you to  
safety.



St.Mark Coptic Social  
Support Groups  
Service for elderly.

Monday-Tuesday- Thursday





## Our Services

### Social Support Groups

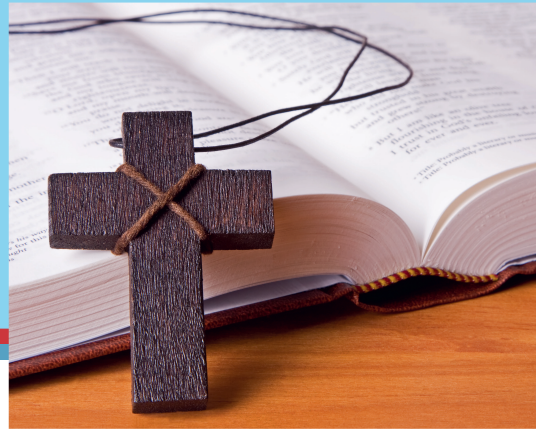
We offer weekly social support groups for elderly and their carers of Coptic background who speak mainly the Arabic language or other languages and live in the St. George area and Sutherland Shire.

### Transportation

We offer transportation attached to the social support service. Buses pick up the participants from their address to attend morning liturgy and social day and drop them off back to their homes.

### How much does it cost?

A small contribution is collected on the day of the service.



## Our activities

We provide a variety of activities to enhance the participants social, and spiritual life style including:

- ✓ Attending morning liturgies
- ✓ Centre based activities at the church hall
- ✓ Bible study
- ✓ Social outings to parks, clubs, etc.
- ✓ Information sessions
- ✓ Celebrating Coptic events such as Christmas, Easter, etc
- ✓ Shopping trips



## Wellness & Reablement approaches

We are adapting wellness and reablement approaches to improve function, independence and quality of life for elderly people from Coptic background.

### Referrals

We are accepting referrals through MY Aged Care. Please contact the service coordinator on phone no. 0481 849 182 for registration

### We can refer you to other Services

We are also able to support you and refer you to other services related to aged care in our community.