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*Saint Mark's Church  
Sunday School*

## **Drugs and Alcohols (1) Code: 8/SO/2**

### **1. General Aims of the unit**

To know more about the effect of addiction on teens to avoid it.

### **2. Special aims of the lesson**

1. To explore the scientific meaning of addiction , substance causing addiction ( smoking , alcohol , different types of drugs ,...)
2. To understand the motives and conditions that lead to addiction.
3. To explore the consequences of addiction both physically and spiritually .
4. To learn how to avoid falling in addiction

**[ REMEMBER THERE ARE 2 OTHER LESSONS ABOUT DRUGS AND ALCOHOLS IN THE HIGH SCHOOL SUNDAY SCHOOL PROGRAM ]**

### **3. Outcomes:**

**By the end of this lessons the teens are able to:**

1. Discuss and debate the harmful effect of addiction and the different substances that causes it.
2. Share in a debate about the situations that lead them to addiction and how to avoid them.
3. Practice the way for victory and be an advocate for his/her peers.

**4. Verses :** 1 Corinthians 3:16-17 ; 6:12

### **5. References :**

1. SUS Program –Yr. 10 – filler lessons-1- Substance Abuse
2. Addiction- Spiritual perspective - Bishop Moussa  
<http://pharos.bu.edu/cn/youth/addiction.htm>

**Note: THIS LESSON NEEDS AN EXPERT LIKE A DOCTOR OR PSYCHOLOGIST**