



Acceptable Confession Code: 8/CH/4

1. General Aims of the unit

To understand and practice the Sacraments of the Church in a spiritual way and live in their blessings and power

2. Special aims of the lesson

1. Explore the meaning of the Sacrament of “Repentance and Confession” , the meaning of sin , the value of the blood of Christ for forgiveness of sins and the relation between repentance and confession and the blood of Christ
2. Highlight the cycle of forgiveness of sins “ Repentance –Confession –Holy Communion”
3. Give a simple guide for the teens to practice “true and valuable confession”
4. Explore the spiritual joy of forgiveness of sins after the absolution , and the victory expected through faith after confession.

3.Outcomes

By the end of this lesson the teens are able to:

1. Realized that they are sinners in the sight of God and need forgiveness of their sins in the blood of Christ through repentance and confession.
2. Remember by heart the cycle of forgiveness and the importance of each component in it.
3. Practice repentance daily and confession regularly,
4. Go deeply and analyses the repeated sin, uncover its roots and offer true repentance and acceptable confession.
5. Practice the joy of sins forgiveness and faith in the power of Jesus Christ to crown them with victory over sins.
6. Remember by heart some verses about confession , forgiveness of sins , promises of victory .

4.Verses:

Ps.32:5 ; Prov.28:13 ; 1John 1:9-10 ; James 5:16 ; John 20:23

7. References

The Paradise of the spirit, Part I - Anba Youannis.

Note: The lesson is delivered in a form of stories of accepted and rejected confessions to highlight the different aims of the lesson (Achan- Jos. 7 ; Judas - Matt.27:4 ; David -2 Sam. 12 ; the sinful woman- Luke 7)