

How to benefit from the Holy Liturgy



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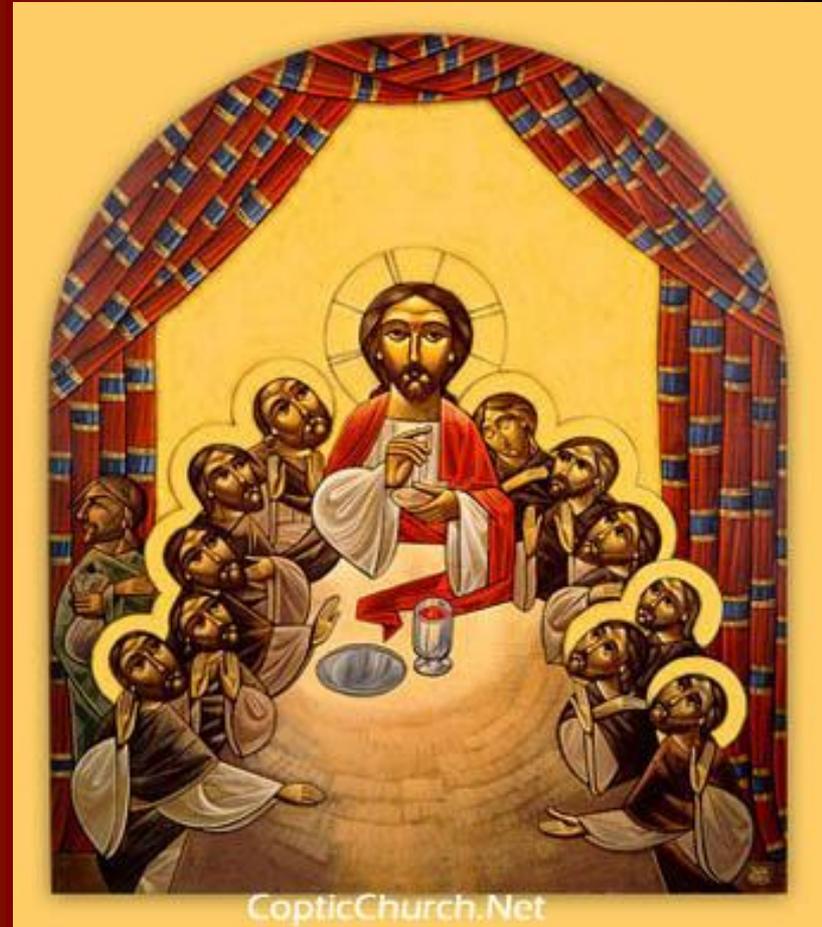
Year 11 Boys- 21st June 2009

OVERVIEW

1. Why is the Liturgy so "Holy"?

2. What Hinders us from Receiving the Benefit

3. How Should We Prepare Ourselves



1. Why is the Liturgy so Holy?

1. Angels, Archangels, Cherubim and Seraphim, and all Heavenly Hosts are present
2. As of the consecration, Our Lord is present amidst there praises
3. Our chance to relive the experiences of Christ



2. What Hinders Us From Receiving the Benefit

1. Arriving to Church Late
"Those who seek Me early will find Me")Pr8:17
2. Where do you sit?
3. Spectator Vs. Participator
4. Lack of concentrating or contemplation during the response
5. Listening to Readings and Sermon
(Example St. Anthony)
6. Not partaking of the Holy Communion





3. How Should We Prepare

1. Preparation begins on the evening before the mass
2. Coming to church clean and pure (inside and outside)
3. Enter the Church with the appropriate manner
4. Come to receive



Conclusion

'I love those who love me, And those who seek me diligently will find me.' (Prov.8:17)



Questions

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Answers



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