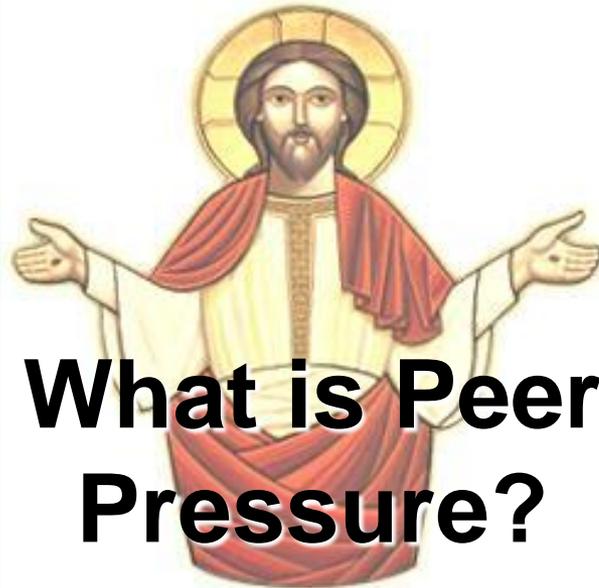
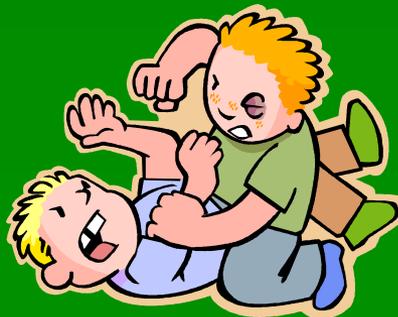


Be Yourself!!!

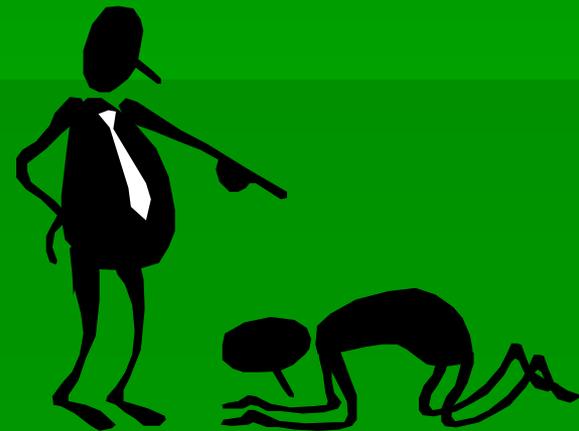


What is Peer Pressure?



What is Peer Pressure?

- It is not uncommon to want to fit in
- Happens when we are influenced to do something we usually wouldn't do
- May be because we want to fit in



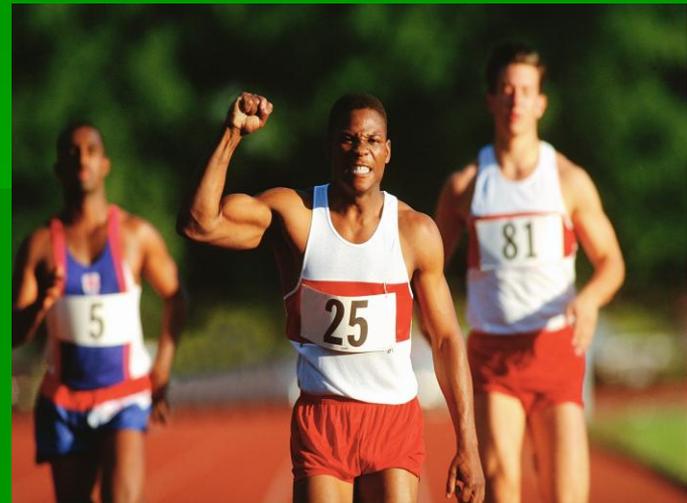
What is a Peer?

- Anyone you look up to
- Someone you think is equal in age or ability
- Friend
- Someone in community
- Someone on T.V.



How does peer pressure affect us?

- Positive
 - Help to challenge or motivate us to do our best



How does pressure affect us?

- Negative
 - May result in you doing stuff that may not fit with your sense of what is right or wrong
 - Fashion sense
 - Alcohol or other drug use
 - Decision to have a BF or GF
 - Choice of friends
 - Academics



Types of Peer Pressure

- Direct
 - Someone telling what you should do?



Types of Peer Pressure

- Indirect
 - Less obvious
 - Doing something socially
 - Just to fit in
 - Nobody is pushing you toward this



Types of Peer Pressure

- Individual
 - Comes from you
 - Something you think you need to do to fit in



What can be done?

- MAKE THE BEST DECISION FOR YOU!!
 - Value common interest
 - Hang out with people of the same interest
 - “Cool crowd” may not be as fun as it seems



What can be done?



- Say NO!!
 - Have the strength to say NO!!
- Don't judge others
 - Respecting someone else's choice may help them to respect yours
- Take action
 - Stand up for someone else being pressured

The Bottom Line

- “Be Yourself!!!”
 - Always do what is in the best interest for YOU!!!!!!



What does the Holy Bible say?

- peer pressure: form of temptation
 - You can do it!!! - 1 Cor. 10:13
 - Pray!!! - Matt. 6:13; 26:39-41
 - Desire - say "No" - Ja. 1:13-15
 - Prepare - 1 Pet. 1:13-15



*Don't Let Peer Pressure
Take You away from the*

Choose friends and activities carefully!



- Do not walk in sin - Pr. 1:10, 15
- Do not be a friend fools - Pr. 13:20
- Do not adopt evil habits - Pr. 22:24-25
- Do not have evil friends - 1 Cor. 15:33
- Do not partake in sin - 2 Cor. 6:14-17

*Don't Let Peer Pressure
Take You away from the*

Fight back with positive peer pressure!

- Walk in light - Eph. 5:6-12



*Don't Let Peer Pressure
Take You away from the*

Stand firm, God will help!

- more than conquerors - Rom. 8:28, 37
- faith, victory - 1 Jn. 5:4



*Don't Let Peer Pressure
Take You away from the*

A wooden cross is the central focus, with two hands holding it from below. The hands are positioned as if they are supporting the cross. The background is a circular, light-colored area with a subtle gradient. The text is overlaid on the cross.

**GLORY BE TO GOD, FOR
EVER and EVER. AMEN**