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*Saint Mark's Church
Sunday School*

Mid-night Prayer Code: 12/CH/2

1. General Aims of the unit

To live and practice the spiritual life through our church traditions and rites.

2. Special aims of the lesson

1. To encourage the teens to pray with psalms
2. To revise with the teens their knowledge about the aim of each of the hours of the Agbia prayers.
3. To Understand the details of the mid-night prayers and psalms used
4. Give a brief explanation of psalm 119 which mainly about “the word of God” and its power and blessings
5. Provide the teens with a practical guide to pray this prayer.

3.Outcomes

By the end of this lesson the teens are able to:

1. Practice the Agbia prayers regularly as a part of their spiritual life .
2. Recite the different Agbia prayers and the aim of each of them .
3. Interrelate between the mid-night prayer and the Lord Jesus next coming .
4. Remember by heart one part or more of Psalm 119

4.Verses:

Ps. 119:62 ; 164

5. References:

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| 1. The spirituality of praying with Agbia | HG Bishop Metaos |
| 2. The riches of the word of God –Psalm 119 | Rev Fr. Tadros Malaty |

Other Resources:

Lord Teach us to prayer: <http://www.orthodoxsermons.org/sermons/midnight>

