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*Saint Mark's Church  
Sunday School*

## **Drugs and Alcohols(3) Code: 11/SO/6**

### **1. General Aims of the unit**

To update the teens about the effect of addiction on teens to avoid it.

### **2. Special aims of the lesson**

1. To review with the teens the scientific meaning of addiction , substance causing addiction ( smoking , alcohol , different types of drugs ,...) [ more advanced knowledge is needed as the teens knew in previous years some information about this topic]
2. To explore the psychological needs and motives that lead to addiction.
3. To explore the different types of drugs in the market , their damaging effect , both physically and spiritually .
4. To learn how to avoid falling in addiction .

**[ REMEMBER THAT THIS IS THE 3<sup>ND</sup> . LESSON ABOUT DRUGS AND ALCOHOLS IN THE HIGH SCHOOL SUNDAY SCHOOL PROGRAM ]**

### **3. Outcomes:**

**By the end of this lessons the teens are able to:**

1. Discuss and debate the harmful effect of addiction and the damaging effect of the different families of drugs and alcohols.
2. Share in a debate about the situations that they face in the schools and/or society that lead them to addiction and how to avoid them.
3. Practice the way for victory through the strong relation with Jesus Christ and the church and be an advocate for their peers.

### **4. Verses :** 1 Corinthians 3:16-17 ; 6:12

### **5. References :**

1. SUS Program –Yr. 10 – filler lessons-1- Substance Abuse
2. Addiction- Spiritual perspective - Bishop Moussa  
<http://pharos.bu.edu/cn/youth/addiction.htm>

**Note: THIS LESSON NEED AN EXPERT LIKE A DOCTOR OR PSYCHOLOGIST**